

# Goals Worksheet

**Vision (Where I will be in 3-5 years)**

**Impact of 1 hour of my time**

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**Mission (What I do every day)**

**My Three Things**

1.

2.

3.

**Lenses (Questions for clarity to keep me focused)**

1.

2.

3.

4.

5.

**Core Values**

**Personal Goals (SMART, align with mission, vision, lenses)**

1.

1.

2.

2.

3.

3.

4.

4.

5.

**Professional Goals (SMART, align with mission, vision, lenses)**

5.

1.

2.

3.

4.

5.

**SMART Goals**

Specific  
Measurable  
Attainable  
Relevant &  
Time Bound

**Most Important Goal:**